



**IRVINGTON**  
UNION FREE SCHOOL DISTRICT

# Lunch Menu

Main Street School

December 2023

Monday	Tuesday	Wednesday	Thursday	Friday
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 <p>Yogurt Smoothies Made to Order.</p>	<p>Yogurt Parfait Available on Tuesday and Thursday As an Ala Carte or Meal option</p>	<p><u>Student Lunch Meal</u> \$3.25 <u>Adult Lunch</u> \$5.50 (Includes tax)</p>	 <p>Veg burger</p>	<p>Fresh Baked Cheese or Pepperoni Pizza (P)* Or Hot Dog on Wheat Bun</p> <p>Sliced Cucumber Carrots</p>
4	5	6	7	8
<p>Chicken Nuggets* Or Fish Sticks</p> <p>Baked Crinkle Potato Fresh Streamed Broccoli</p>	<p>Chicken Parm Sandwich Or Grilled Cheese on Wheat Flatbread</p> <p>Red Peppers Strips Steamed Carrots</p>	<p>Cheese Quesadilla Or Beef Nachos</p> <p>Pinto Beans Roasted Zucchini</p>	<p>Beef Burger on Wheat Bun Or Veggie Burger *</p> <p>Rainbow Steamed Vegetables Celery Sticks</p>	<p>Fresh Baked Cheese or Pepperoni Pizza (P)* Or Chicken Sandwich on Wheat Bun</p> <p>Sliced Cucumber Carrots</p>
11	12	13	14	15
<p>Wheat French Toast Turkey Sausage &amp; Syrup* Or Veggie Burger *</p> <p>Tater Tots Sliced Cucumber</p>	<p>Pasta with Chicken Meatballs and Sauce Breadstick* Or Beef Burger on Wheat Bun</p> <p>Green Beans Corn</p>	<p>Beef Tacos* Or Chicken Tenders* with Brown Rice</p> <p>Steamed Peas Carrot Coins</p>	<p>Parent/Teacher Conference Early Dismissal</p> 	<p>Fresh Baked Cheese or Pepperoni Pizza (P)* Or Hot Dog on Wheat Bun*</p> <p>Baby Carrots Spinach Salad</p>
18	19	20	21	22
<p>Chicken Corn Dog* Mac and Cheese Or Beef Burger on Wheat Bun*</p> <p>Baked French Fries Brussel Sprouts</p>	<p>Beef Nachos* Or Chicken Tender* Breadstick</p> <p>Sweet Corn Refried Beans</p>	<p>Pancake Bites with Chicken Sausage Or Cheese Quesadilla*</p> <p>Roasted Squash Baby Carrots</p>	<p>BBQ Chicken Sandwich with Baked Tater Tots Or Chicken Nuggets* Breadstick</p> <p>Sliced Cucumber Sweet Potato</p>	<p>Early Release</p> 
25	26	27	28	29
<p>Holiday Recess</p> 	<p>Holiday Recess</p> 	<p>Holiday Recess</p> 	<p>Holiday Recess</p> 	<p>Holiday Recess</p> 

All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White and Bread/Grain (All grains served are whole grain)  
Vegetables (3/4 cup) and Fruit choices rotate daily between apples, oranges and bananas. Throughout the month of December the following assortments of fruit will be served : Blueberries, Cantaloupe, Honeydew Melon, Strawberries and Watermelon.  
All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat.  
Milk is antibiotic and hormone free. Local Produce used throughout the month when available from local NJ/NY Farms  
Available Every Day  
Bagel with Cheese Sticks or Sunbutter & Jelly Sandwich offered as a Complete Meal, including vegetable, fruit and milk .  
Turkey or Ham and Cheese Sandwich.

[Click here](#) to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.



A Gluten Free Meal is available with 1 day notification

If you have any questions/concerns regarding this menu or there are special dietary needs, please email [gloria.estrada@irvingtonschool.org](mailto:gloria.estrada@irvingtonschool.org)

\* items contain Milk or Soy

\*\*\*items with a (P) may contain pork. This Institution is an equal opportunity employer and provider